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## What to Bring to Camp

 $^{**}$ We recommend that **all** belongings and bags are **clearly labeled** with the camper's name $^{**}$ 

☐ Suitcase or duffle bag	☐ Shampoo, soap, deodorant	☐ Lip balm
☐ Sleeping Bag/Bedding	☐ Toothbrush/toothpaste	☐ Sunscreen
□ Pillow	☐ Hairbrush / Comb	☐ Water bottle
☐ Hat or baseball cap	☐ Plastic bag for wet/dirty clothes	☐ Flashlight
☐ 2-3 pairs of pants	☐ Self-addressed stamped envelopes	☐ Bible (optional)
☐ 3-4 pairs of shorts	(for letters home) ☐ Prescription medication (Must be in	☐ Hiking Boots (Tahoma)
☐ 4-5 pairs of underwear	Original containers with dosage instructions)	
☐ 4-5 Shirts/Blouses		
☐ 1-2 pair of pajamas	What NOT to Bring to Camp	
☐ Jacket or Sweatshirt	☐ Money ☐ Jewelry and watches ☐ Jewelry and watches ☐ Digital cameras ☐ Pets or any animals ☐ Cell phones ☐ iPods, video games or other electronics ☐ Personal toys and sports equipment	
☐ Rain Jacket		
☐ Tennis Shoes		
☐ 5-6 pairs of socks		
☐ 1-2 towels		T la a la manu ala ta ta a a mana
☐ A washcloth	These additional items should also NOT be brought to camp.  Possession or use will result in immediate dismissal from camp.  Lighters or matches  Fireworks of any kind  Any knives, weapons, etc.  Cigarettes, e-cigarettes or any tobacco products	
☐ Modest swimsuit Gals: 1-piece or tankini Guys: no speedos		
Diseas Cada at Carain.		

## Dress Code at Camp:

Camp guidelines follow a **modest dress code** for the well-being of the campers and program staff and it is very important to show discretion with the choice of clothing worn. Please instruct campers not to bring or wear any spaghetti straps, low cut blouses, bare midriffs, mesh shirts, short shorts, baggy pants that reveal under garments, and inappropriate slogans or images. Any camper or staff that does not abide by the camp's clothing guideline will be asked to change into more suitable clothing.



