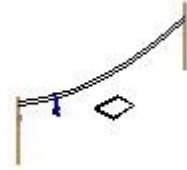


High Elements



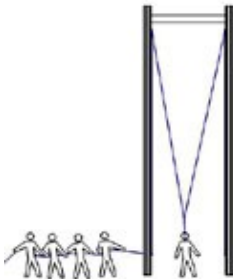
High Ropes Course

Zip-Line Our most popular high ropes course element, the zip-line sends participants screaming through the trees at up to 40 miles an hour down a steel cable. After climbing a tree to a platform and being hooked into the zip-line, they jump off! This individual element is exhilarating and builds self-esteem and confidence.



Giant Swing This element is another popular choice but offers more self challenge and group participation. The participant climbs an 5' (ft.) ladder to hook into the swing. Attached to them is a cable that is pulled up by their team to the height of their choice. When ready, the participant releases the cable sending them swinging down past their teammates. This element has a quick turn-over rate and gets all participants involved simultaneously.

Giant Jump The participant is hooked into a safety rope called a "belayer" operated by their entire group. Each team member has both hands on the belayer rope. The participant then climbs the tree to a platform. Out in front of the platform is a cowbell attached to a pulley system whose length from the participant may be adjusted. They then jump out as far as they can in an attempt to hit the cowbell and make it ring, after which they are immediately caught by their team members and are lowered to the ground. This element involves full participation from the group and requires a high level of trust from each team member.



Flying Squirrel The participant is hoisted in the air up to 50' (ft.) by their fellow team members. This element requires the team working together and total trust from the "Squirrel" participant. Also a Team Belay System, the participant runs at full speed in the opposite direction from their team member's direction, crossing paths in the middle at which point the participant is sent flying through the air. This element is a great way to build self-confidence for the Zip-Line or other High Ropes Elements. An easier variation on this element is the "Elevator" which is a straight lift by team members from the participant's standing position.